

JANUARY 22, 2012- THE THIRD SUNDAY IN ORDINARY TIME



SUNDAY - January 22, 2012 -

The Third Sunday In Ordinary Time

8:00 AM In Celebration of the 33rd Wedding Anniv. of Peter & Jesse Fernandes r/o Ben & Rachelle
 10:30 AM William J. Coll r/o Daughter, Marion
 12 Noon James Mellage r/o Jim Mellage, Jr. & Family
 5:00 PM Linda Galang r/o Desly Empaynado

MONDAY - January 23, 2012

8:30 AM Lily Castro r/o Rafaela Nadal

TUESDAY - January 24, 2012 - St. Francis de Sales

8:30 AM Irene Geronimo r/o Rafaela Nadal

WEDNESDAY - January 25, 2012 - Conversion of St. Paul

8:30 AM Anthony Nicholas Phan Tran r/o Mom, Dad & Family

THURSDAY - January 26, 2012 - Sts. Timothy & Titus

8:30 AM Eleanor Galasso r/o Linda Galasso

FRIDAY - January 27, 2012 - St. Angela Merici

8:30 AM Mark Mercurio Speranza r/o Mother, Sister & Brother

SATURDAY - January 28, 2012

8:30 AM FOR THE MEMBERS OF ST. HELENA PURGATORIAL SOCIETY

January 2012 - January 2013

John & Rose Bacha r/o Family

Janet Lucchesi r/o Gloria, Chris & Liz DeVito

Emmanuel Empaynado r/o Wife & Sons

Idalia Sanabria r/o Michael Fan

For the Special Intentions of the Olesky Family

r/o The Jaszczak Family

Joaquim & Maria Terezinha Fernandes

r/o The Dias Fam.

Michael Serafin r/o Fr. Anthony M. Sirianni

Ryan Patterson r/o The Delacruz Family

Eleanor Castleton r/o Helene & Joe Borowitz

Rev. Robert Santabarbara r/o Fr. Anthony

Lenora Klopchin r/o

Carrie & Frank Viglianti & Fam.

5:00 PM Marie Yacobelli r/o Loretta & Vincent Riccardi

SUNDAY - Jan. 29, 2012 - 4th Sunday In Ordinary Time

8:00 AM Rodolfo Casilang, Sr. r/o Annie Abarabar
 10:30 AM Genevieve & Edward Cieckiewicz r/o Ceil & Ed Cieckiewicz
 12 Noon Eugene Tabor r/o Family
 5:00 PM Albano Ferreira r/o Wife & Children

ALTAR SERVER SCHEDULE

Jan. 28 5:00 PM Casem, Miller, Glennon
 Jan. 29 8:00 AM Mercer, Mercer, Zavalla
 10:30- AM Rodrigo, George, Campagna
 12 Noon Hobler, Wu, Joseph, Iarrapino
 5:00 PM Lacko, Mendonca, Gaskins

READER SCHEDULE

Jan. 28 5:00 PM L. Blanco, L. Radler
 Jan. 29 8:00 AM D. Fardin
 10:30- AM J. Gibson
 12 Noon G. Monteleone
 5:00 PM M. White

EM's - EUCHARIST

Jan. 28 5:00 PM *R. Yunker, K., Healey, A. Camardella
 Jan. 29 8:00 AM *I. Quevedo, B. Yunker, E. Donofri
 10:30- AM *P. Gosselin, B. Gibson, C. White
 12 Noon *P. Monteleone, J. Korsu, F. Perlin
 5:00 PM *L. Brandi, E. Schmidt, J. DiBella

EM's - PRECIOUS BLOOD

Jan. 28 5:00 PM *E. Yunker, F. Milek, R. Milton, T. Clark
 Jan. 29 8:00 AM *M. Tan, T. Cerami
 10:30- AM *M. Capellupo, P. Yorke
 12 Noon *G. Monteleone, Jr., T. Chan
 5:00 PM *C.Y. Fan, M. Mistretta

TO EVERYTHING THERE IS A SEASON AND A TIME FOR EVERY PURPOSE UNDER HEAVEN" ...A TIME TO BE HEALED"

PRAY FOR THE SICK DAILY Edith Dellapietro, Cheryl Pandolfo, Anita Mitchell, Michael Giovanniello, Guy Gebler, Sal Medina, George Cote, Jack Ford, Jeremy Osmo, Kathleen Grasso, Eddie & Erica Breitenfelder, Dorothy Purzynski, Rose Pepe, Terry Shanahan, Baby Peyton, Michael Pugliese, Jean Hillyer, Alan Patrusевич, Siobhan McGovern, Shannon McGovern, Pauline Gillick, Karen Staggard, Barbara Menge, Catherine Yascur, Kathleen Grasso, Laurie Battison, Hubert Scheuers, Trevor Calise, Matthew McGrath, Peter Lukawski, Bill Hillyer, Joanna O'Connor, Raymond Lynch, Cathy Gaynor, Pauline Lechner, Virginia Comito, Star Adams, Frank Viglianti, Rita Montalto, Sister Clare Greco, Lisa Olsen, Jaimie Falstrault, Leticia Klatt, Ceil Cieckiewicz, John Capellupo, Dorothy Loeschorn, Marcia Crum, John & Kathleen Daly

All powerful and ever living God, the lasting health of all who believe in you, hear us as we ask your loving help for the sick; restore their health that they may again offer joyful thanks in your church. Grant this through our Lord Jesus Christ, your Son who lives and reigns in you and the Holy Spirit, one God forever and ever. Amen.

From the Pastor's Desk



Dear Parishioners,

In this weekend's gospel, Jesus continues to call his disciples. They were simple fisherman. They were sinners. They were not educated and probably did not speak very well, but they answered the Lord's call to follow him. Jesus' call was equally simple, "Come after me and I will make you fishers of men." The disciples immediately abandoned their work and their families to follow the Lord. They did not question him or enter into a huge debate. They answered the Lord and did God's will without question. Do we do the same? Sometimes it seems so difficult to do God's will. It is so much easier to do our own will and yet God is so patient, so loving and so merciful. God calls us to help those around us, not just family and friends and those who we know. Just as he understood the human frailties of his chosen twelve, God understands our weaknesses. Let us pray that God will always forgive and love us as he invites us to follow him.

Sincerely yours in Christ,

TITHING

1/15/12 Collection:		1/16/11 Collection:
Regular	\$11,417	\$11,069
R&R	\$ 4,003	\$ 4,007
Campaign	\$ 611	\$ 762
Together in Charity	\$ 1,729	\$ 1,047

I AM TRULY HUMBLLED BY YOUR GENEROSITY

THANK YOU I want to thank all the parishioners who have decided to make tithing a part of their lives. Being someone who tithes myself, I understand the sacrifices you are making. I am truly blessed to be a part of St. Helena Parish and to be a part of your lives. God Bless you and your families.

BLESSING OF THROATS

Throats will be blessed at all masses the weekend of January 28 & 29th and at the 8:30 AM mass on Friday, February 3, 2012.



PRAYER OF DISCERNMENT

Dear Loving Lord,
Please be at my side
when I am making decisions.
Teach me to open my mind
And to see with my heart.
Help me, dear Lord,
To discern the path -
Even if it seems strange -
That will lead me to You.

By F.K. Forbes

2011 Bishop's Annual Appeal In Faith, With Hope

If you have yet to make your gift please do so today! Your gift should be based on your means and circumstances – a private decision between you and God. This past year, thousands of local Catholics received services through Catholic Charities-Diocese of Metuchen. Without the support of the Bishop's Annual Appeal these programs would have to be reduced or in some cases eliminated. **To date, the Development Department has received pledges totaling \$104,899.61 and payments totaling \$92,201.68 from 391 parishioners. This represents 120.2% of your \$87,300.00 goal. Thank you for your efforts.**

FOUNDATION FOR CATHOLIC EDUCATION Special Collection

The second collection this weekend is for the Foundation for Catholic Education, a Diocesan endowment fund which provides tuition assistance grants for students in financial need in the Catholic elementary and high schools of the Diocese of Metuchen. Without financial assistance, these students might not receive the gift of a Catholic education. Please be as generous as your means allow.

Mark your calendar for Tuesday, May 1st for the 2012 Students-to-Leaders Education Dinner which also benefits the Foundation for Catholic Education. Watch the parish bulletin for details.



**Eucharistic Adoration -
Tuesday - 9 AM- 5 PM
Rosary of Our Blessed Mother at 4:00 PM
for the Intention of Respect for Life
JESUS is waiting for YOU!
Come Tuesday to visit Him.
He longs to see you
and embrace you with His love.**

JANUARY 22, 2012- THE THIRD SUNDAY IN ORDINARY TIME



ST. HELENA OPEN HOUSE

We invite everyone thinking about sending their child(ren) to St. Helena's to tour our school on Sunday, January 29, 2012, from 11:30 AM to 1:30 PM.

Visit the classrooms, science and technology labs, and get acquainted with our teachers. Take time to meet with some of our students and learn about the many programs and activities we offer. Relax with some light refreshment and find out about us by viewing our videos, exhibits and displays.

On Tuesday, January 31, 2012, St. Helena's will be hosting an Open House from 10:00 AM to 11:00 AM. Come and see us in action. Classes will be in session at this time. Observe the dynamics of our classes and experience the family atmosphere of St. Helena School.

ST. HELENA SCHOOL PRESENTS...

Pilgrimage to Fatima & Lourdes with Barcelona with Optional 2 Night Lisbon Pre Tour Extension September 23 - October 2, 2012. There is still room left - for further information please call the Parish Office at 732-494-3399. Book by March 23, 2012: Double \$2,899; Single \$3,299; Triple \$2,869. If booked after March 23, 2012: Double \$2,999; Single \$3,399; Triple \$2,969 Rates are Per Person*. Included in Price: Round Trip Air from Newark Intl Airport, Air Taxes and Fees/Surcharges of \$150 (subject to increase until paid in full), Hotel Transfers. Not included In Price: Cancellation Waiver and Insurance of \$175 per person.



WANT TO SING WITH THE CHOIR

THIS EASTER? January is Open Enrollment Month. All are welcome to join us on Wednesdays. Junior Choir meets 4 PM - 5:30 PM and our Senior

Choir meets 7:00 - 9:00 PM. No experience necessary. ALL VOICES WELCOME! We need you, so come and share your time and talent!



☆ SUPER BOWL SUNDAY BAKE-SALE – FEB. 5th ☆

Sunday, Feb. 5th, YLF will be hosting a Super Bowl Sunday Bake-sale! Two teams of youth group members have been formed to represent the two football teams competing in the Super Bowl. Each team will sell homemade cookies, cupcakes, and other delicious treats decorated for their respective football team! Treats will be sold in the breezeway after all Masses on Sunday, Feb. 5. Please support the youth group and buy some baked goods!! NEXT MEETING: February. 5th at 1-3 PM in the School Gym! For more information, email us at SHPYOUTHGROUP@hotmail.com.

FREE THROW CHAMPIONSHIP

The Colonia K of C is sponsoring its annual Free Throw Championship on Monday, January 23, 2012, from 6 PM to 8 PM, for Boys and Girls ages 10-14 in the St. John Vianney Parish Center. Parental consent and proof of date of birth are required. Please direct all questions to Joe Pampalone at 732-499-8495.

NEW JERSEY BISHOPS ISSUE NEWLY REVISED ADVANCE DIRECTIVES FOR HEALTH CARE FORM

On October 20, 2011, the Catholic Bishops of NJ approved a revised version of the New Jersey Catholic Conference (NJCC) Advance Directives for Health Care - A Catholic Perspective. Copies are available by contacting the Respect Life Office at 732-562-1990, ext. 1629 or 1543. A copy can also be downloaded from the diocesan website at <http://www.diometuchen.org/deptsministries/respect-for-life/catholic-advance-directives-livingwills/or> the NJCC website: www.njccathconf.com.

A Catholic Guide to End-of-Life Decisions is a resource made available by the National Catholic Bioethics Center. This document provides a clear explanation of the Church's teaching on end-of-life care, including advance directives and physician assisted suicide. Individual copies of this guide can be downloaded or ordered online at www.ncbcenter.org.

A JOURNEY THROUGH GRIEF

A program for those who have recently experienced the death of a parent, spouse, child, friend or any loved one is being formed at the Cathedral of St. Francis of Assisi, Metuchen. The group will meet Wednesday for eight weeks at The Cathedral of St. Francis of Assisi Parish Center, 45 Library Place, Metuchen, NJ beginning February 8, 2012 at 7:00 PM. Please contact Jessie Flynn at 732-895-2563 or Jo Flanigan at 732-548-0100, Ext. 225. There is no fee. Pre-registration is required.

CAN YOU SAVE YOUR MARRIAGE?

RETROUVAILLE - A Lifeline For Troubled Marriages

If your marriage has become unloving and uncaring, or if your relationship has grown cold and distant, if you are thinking of separation or divorce, or if you are already separated or divorced, but (both of you) wish to try again - then the **RETROUVAILLE** program may help you.

RETROUVAILLE (Rediscovery) sponsored by the Family Life Office/Diocese of Metuchen consists of a weekend experience for couples (no group discussions) with six follow-up sessions. The next program begins the weekend of February 10-12, 2012. All inquiries are confidential. For further information please call the Family Life Office (days) (732) 562-1990, Ext./ 1624 or Tom & Pat McTague (732) 583-4468.

JANUARY 22, 2012- THE THIRD SUNDAY IN ORDINARY TIME



ST. HELENA RESPECT LIFE MINISTRY

Women and men facing unplanned pregnancies need help – and **Life Choices Resource Center** is there for them. **St. Helena's Respect Life Group** is partnering with **Life Choices** to give parishioners the opportunity to play a part, **no matter how large or small**, in this life-saving ministry. Life Choices is a pro-life pregnancy help center founded on the Catholic principles that human life is sacred from the moment of conception. **All are invited to help; men, women and teens! Will you take a moment to reflect on how you can lend a hand in protecting God's unborn children? Volunteering is not a commitment; it's simply an openness to become involved.** There are no time commitments; you can volunteer once a month or once a year in any capacity; either office work or hands-on as a counselor. The Lord calls us all if you can answer, we'd love to have you. Please consider joining our team. **The more people involved, the more lives we can save and the more hearts we can change. Here are some ways you can help:** Offer Your Private Prayers For Babies & Clients, Join Us In Prayer At The Office (Rosary Tuesdays & Thursdays), Filing, Scanning Records, Community Liaison, Annual Banquet, Annual Walk, Accounting, Processing Baby Bottles, Spanish Interpreter, Light Cleaning, Community Events/Local Fairs, Bulk Mailings (*Folding, Stuffing, Labeling*), College Liaison, Counselor, Post Abortion Counselor, Help With Baby Shower, Knitting Or Crocheting Hats, Blankets, Booties & Pray Shawls, Licensed RN, Marketing/Communications, Ultrasound Technician, **As you can see, the need is great, so please feel free to help whenever or however you can.** Men and Women of All Ages **ARE INVITED TO HELP!** Will you please take a minute to reflect on how you can lend a hand in protecting God's unborn children? Volunteering is not a commitment; it's simply an openness to become involved at your convenience. AND, Yes, **Community Service Hours are Given!** If you are able to help please fill out the tear out below and return to Father Anthony at the rectory or place in the collection basket. Thank you.

TEAR OFF-----

PLEASE PRINT: I CAN HELP BY (please specify): _____
Name _____ Phone Number _____
Email: _____

Please call, visit or email us: Life Choices Resource Center, 503 Main St. Metuchen, NJ,(732)-516-0911 lifecoices@optonline.net
"As each has received a gift, use it to serve one another, as good stewards of God's varied grace..." Peter 4:10